

PFBA Autumn Newsletter 2023



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Changes to Admin:

Many of you will have had a chance to meet, email or engage with our lovely Louise. She has moved on to a new adventure now and we want to wish her the best of luck.

That meant we needed a new admin, so please give a warm welcome to Megan. Our new chief organizer, she has already brought some exciting new ideas and plans for the future of our Parent Carer Network!

Keep your eyes peeled for some big changes coming next year.



New Trustee's

Naomi:



I have 3 children who have SEND at different stages. Since I had my first child, the passion for SEND started to grow and I have done a variety of courses and gained qualifications regarding children's SEND and mental health. I am proud and feel really privileged to be a Trustee for such a needed charity - Parents Forum. As a parent of children with SEND, I see and face issues and hurdles that some parent/carers are facing and I want to be part of an amazing group of people to help make a change and make our voices heard.

Fiona:



Maths Lecturer, Masters student and full-time boy Mum. I am passionate about equal opportunities and creating positive and sustainable futures for young people. I joined the PFBA to support parents and carers with advice and support and work closer with the Local Authority in improving job opportunities and independence to those living in Bradford with disabilities.

SEND Peer Support Coffee Mornings



We would love you to have a read of our year on report and let us know what you think. [Read the report here](#)

After spending last school year developing a SEND peer support coffee morning programme in primary schools, it was delivered in more than 20 schools. Now we are in the new academic year, we have begun to hold them in 5 new schools with 4 more to begin soon. So far, we have connected parents whose children have a whole range of special educational needs and disabilities. Since September, we have seen parent carers of children who have hearing impairment, vision impairment, learning difficulties, autism, ADHD, sensory processing disorder, dyslexia, talipes, speech and language issues and functional disconnection syndrome.



If you would like us to host a series of SEND coffee mornings in your school, please do ask your SENCo to contact our Engagement Manager Adele adele@pfba.org.uk

We need to hear your voices!!!!

Parents Forum ran a listening event focusing on Children's Mental Health Services on 21st November 2021. Parents and carers were able to ask questions and voice their concerns.

We heard from CAMHS, Kooth and Qwell about the changes they were making and how the service was running moving forward.

We also heard about a mental health pilot scheme that was running in certain schools.

It's been nearly two years since we held this event and we want to know what your experiences with these services have been like since.

Have they got any better?

The same?

Worse?

What are yours and your children's experiences of mental health services?

What have the issues been?

We have the opportunity to input into new resources that are being developed for schools and families and being able to feedback your experiences of services will be invaluable to this.

Let us hear your voices, mental health plays such a huge part in our lives and we need to be ensuring we are all getting the support we deserve!

Please join our conversation over on Facebook

[Link Here](#)

or send your experiences through to supportnews@pfba.org.uk

October Half Term Activities

Apple Day

Tasting, juicing, crafts & activities.

Saturday 21 October 11am-3pm.
Cliffe Castle

[Click here for more info!](#)

Halloween Hyacinths

Sunday 22 October 11am-3pm.

Look out for the Bradford Stories Bus, storytelling, decorate a plant pot and plant a bulb to take home, face-painting, magical book characters and more.

Bolling Hall

Arts & Crafts Session

Halloween

Pumpkin Carving, Making Face Masks, Hot Soup, Tea/Coffee

Wednesday 25th of October 14:00-16:00

Reevy Hill Family Hub

Halloween fun day

There will be an activity trail, creepy crafts, face painting and bring-your-own pumpkin carving.

Thursday 26th October between 10am and 2pm.

Brooklands Park

Lantern Making Workshop

Friday 27 October 11am, 12.30pm
2.30pm & 4pm

Cartwright Hall Art Gallery,

Lister's Lantern Parade.

Friday 27 October 5pm 9pm

Cartwright Hall and Lister Park.
Museums at Night

Free Halloween fun

Saturday 28 October.

Harold Park

To find out more,
visit [https://](https://bradforddistrictparks.org/.../harold-park.../)

bradforddistrictparks.org/.../harold-park.../

Early Years Halloween Event.

Come in spooky costumes and join some Halloween fun! Arts and crafts activities, biscuit decorating, spooky storytelling and ghost trail (suitable for early years/ families)

Sunday 29 October 11am-3pm
Bolling Hall Museum.



October Half Term Activities

👁️ FREE activities, pop-up cinema and pumpkin soup making at our [Bradford Markets](https://www.facebook.com/events/1455227874981388)
<https://www.facebook.com/events/1455227874981388>

🎵 October Is Music Month continues - <https://www.visitbradford.com/what.../october-is-music-month>

🍂 FREE [Bradford BID](https://www.facebook.com/events/774292027007560) Pumpkin Festival <https://www.facebook.com/events/774292027007560>

👁️ FREE activities, crafts and Halloween Trails at our [Bradford Museums and Galleries](https://bradfordmuseums.org/) <https://bradfordmuseums.org/>

🌻 [Van Gogh Alive UK](#) - (Details of exclusive discounts for Bradford district residents coming soon)

More Halloween events here: <https://www.visitbradford.com/whats-on/halloween-events>

More half-term fun here: <https://www.visitbradford.com/whats-on/half-term-fun>

FREE ENTRY, PARTY GAMES
& BUFFET

All family and friends
welcome.
Fancy dress
competition
with prizes
for winners.

East Bierley Cricket Club,
South View Road,
Bradford. BD4 6PJ

**HALLOWEEN
PARTY**

FRIDAY 27TH OCTOBER 2023
7PM UNTIL 11PM

Contact
Akbar Khan on 07850 964864
e-mail; brafordphabclub@gmail.com



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE OCTOBER HALF TERM 2023

<https://moneysavingcentral.co.uk/kids-eat-free>



MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

M&S CAFES

Spend £5 & get one free kid's meal Mon - Fri during the Oct Half term (various dates)

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

YO! SUSHI

From Monday 16th October - Friday 27th 2023 kids eat free with every £10 adult spend

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

BILLS

2 kids eat FREE Monday - Friday from Monday 23rd October - Friday 3rd November 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

IKEA

Kids get a meal from 95p daily from 11am

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

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Max Cards are back!!!

The Max Card is the UK's leading discount card for foster families and families of children with additional needs.

Families can use their Max Card at venues across the UK to get free or discounted admission.

The scheme is designed to help families save money on great days out at castles, zoos, bowling alleys, trampoline parks and many more. Search for great days out [here](#).



Make sure you are accessing the great discounts available for your family! Especially over the holidays!

Apply for yours now at [Resources – PFBA](#)

Contact Us

Parents Forum for
Bradford and
Airedale
Unit 73
Carlisle Business
Centre
Carlisle Road
Bradford
BD8 8BD

If you have any issues with
Max Cards or any enquiries
please contact Megan, she is
available

Mon-Thurs 10am – 2pm.

Mobile: 07480113820

Email:

supportnews@pfba.org.uk