





### **CAMHS** and Thrive





## Who should be supported by Specialist CAMHS?

This depends on the type **and** severity of presentation

#### **Types of Mental Health Presentations:**

- Moderate/severe depression
- Attentional/hyperkinetic problems
- Assessment & diagnosis of Autistic spectrum disorders
- Moderate to severe anxiety
- Habit disorders
- Mental health problems with learning disabilities
- Eating disorders
- Significant attachment / relationship difficulties
- Obsessive Compulsive Disorder
- Psychosis

#### **Types of Neurodevelopmental Presentations:**

• There is a reasonable indication that the child may have complex neurodevelopmental difficulties e.g. autistic spectrum continuum, ADHD or other difficulties that may require a multi-disciplinary assessment

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## **Severity of Presentation**

Young people up to the age of 18 with *considerable* levels of mental health difficulty

May have already accessed support at an earlier stage of Thrive model

Emotional problems which significantly affect a child's daily life have persisted despite a school/community intervention

e.g. deterioration in academic performance or not attending school, social withdrawal, serious risk taking, significant impact on physical health and wellbeing



## Which presentations would not be included?

'Normal' reactions to adverse life events e.g. anxiety/distress following bereavement or divorce

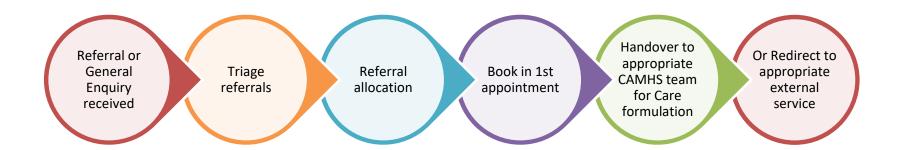
Difficulties which are normal to children's development, such as temper tantrums or independence struggles between teenagers and parents

Difficulties which could be helped by services working in schools and children's centres

Minor self-harming behaviours in the absence of suicidal ideation e.g. superficial cutting

# **Duty and Filtering**







### **Specialist CAMHS Pathways and Teams**

**PMHW** Crisis Primary Mental Health Workers Core CAMHS **EIP** Generic Early intervention in Psychosis LD-TIC LAAC Looked After and Adopted Children Learning developments – Trauma informed care Core PT **CYP-CEDS** Core psychological Therapies **Community Eating Disorder Service SEADs NDT** Neurodevelopmental Team Specialist early attachment and development service **BPP LMM** Little minds matter Be positive pathway



# **Specialist CAMHS Crisis Support**

- The team will assess the young person on the day or the following-working day\*, often when they have been admitted to the acute hospitals.
- The team will assess risk, provide mental state examinations and develop a risk management plan alongside the young person and their carers
- The team provide a review appointment in accordance with the risk assessment and management plan
- \*First response will cover the needs of the young person outside of CAMHS working hours

