



BRADFORD AND CRAVEN
trailblazer **NHS**

Mental Health Support Team



@BDCFT_MHST

What we do? Getting advice & getting help



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- Deliver evidence-based interventions for children and young people with mild-to-moderate mental health problems (anxieties, low mood and behaviour issues)

For example: incredible years (12 sessions with parents) for behaviour, CBT (8 sessions with young people) for panic

- Supporting the senior mental health lead in each education setting to introduce or develop their whole school/college approach

For example: assemblies, group work, staff training

- Give advice to school and college staff, liaise with external specialist services, to help children and young people to get the right support if its not us

For example: referral onto trauma, bereavement or specialist camhs services



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Request for support

- School staff can identify MH support need – can request a consultation to discuss further
- Parents can speak to anybody in school or EMHP about a referral
- Young person can speak to anybody in school or EMHP about assessment
- Referral form can be sent into the team inbox mhst@bdct.nhs.uk

Next steps:

- Team member will be allocated the case and contact parent to gain more information and discuss the offer, ensure consent is gained to speak with the young person
- Assessment is carried out, discussed with supervisor and treatment is agreed
- Usually 8 sessions are carried out with review at session 4 or if there are any concerns





What Schools are we in?

Bradford East

Upper schools

Feversham

Hanson

One in a million

Laisterdyke

Oastlers

Junior schools

Miriam lord Atlas

Wellington Green Lane

Peel Park Iqra

Grove House Westbourne



Keighley



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Upper schools

Beckfoot Bingley
Carlton Keighley (UAK)
Oakbank Keighley
Parkside

Primary schools

Eastwood Primary
Merlin Top Primary Academy
Beckfoot Nessfield
Priesthorpe Bingley



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Craven



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Upper schools

Craven College
Settle College
Skipton Girls
Skipton Academy
Upper Wharfedale
South Craven School

Primary Schools

Sutton-in-Craven CofE Primary
Sutton-in-Craven Community Primary
St Stephens Primary
Christ Church C of E Primary
Glusburn Primary
Carleton Endowed CofE (proposed)



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Bradford South



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Upper Schools

Trinity Academy

Appleton Academy

Primary Schools

Worthinghead Primary

Foxhill Primary

Knowleswood Primary



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What if we are not in your child's school?

- PMHW – Primary mental health workers
- EEWP- Education Emotional Wellbeing Practitioners
- Both can be accessed via school SENCO/Pastoral/Primary care

