

Reducing health inequalities in people with learning disabilities - Learning Disabilities Annual Health Checks



Did you know that GP practices offer annual health checks to people with learning disabilities on their learning disabilities register. This is a reasonable adjustment they make to try and reduce health inequalities for people. For the past few years, young people age 14 or over with learning disabilities who are on their GP's Learning disability register are also entitled to this health check. As well as giving the person a health check, it also helps people to get to know their local GP surgery.

This check usually takes about 30 minutes and includes things like having blood pressure & weight measured, talking about health problems like chest infections or constipation, checking people see the dentist and depending on the time of year, people may be offered a flu vaccination. After the check the person may get a health action plan that identifies what they need to do to be as healthy as possible over the next year.

If you have a learning disability and are age 14 or over, ask your GP practice if you can book a Learning disabilities annual health check.

If you would like to know more, have any difficulties with this or want an easy read booklet about Annual health checks please contact:

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